



Food Allergy/Food Substitution Form

Child's Name: _____ Class: _____

Food Allergy/Restriction: _____

Is medication needed in event of allergic reaction (*Medication Authorization Form(s) will be required*): Yes ____ No ____

If yes, medication name: _____ Dosage: _____

How is medication administered: _____

Any additional procedures to follow in the event of an allergic reaction: Yes ____ No ____ If yes, explain: _____

Food Substitution Information

In accordance with the USDA and Childcare Licensing, children with food allergies/restrictions must be provided a food substitution of equal nutritional value. Parents have the choice of providing food substitutions or having Growing Room provide substitutions. (*Note: We are unable to provide substitutions for food not normally on our menu such as Gluten and Nondairy Milk.*) The weekly Meal Substitution charge is \$24.00 per week and is charged weekly regardless of whether a substitution is required each week or not.

I choose the following option:

____ **I will provide a substitution for the food(s) my child is allergic to or restricted from eating.** I understand the substitution(s) must be of equal nutritional value, for example a protein for a protein, vegetable/fruit for a vegetable/fruit, etc. A doctor's note is required for any substitution that is not of the same nutritional value, for example substituting water for milk.

Growing Room can only warm (not prepare) food provided by parents. Therefore, food substitutions must be prepared by the parent and brought to the center as needed on a daily basis. The only exception is milk substitutes and non-perishable food items such as canned fruit. These items can be brought in small quantities and be used as needed. **Almond milk cannot be used as a substitute due to our no nut policy.*

____ **I choose for Growing Room to provide an equivalent substitution(s) for food my child is allergic to or restricted from eating.** I understand there will be a weekly fee of \$24 charged to my account and the fee is charged regardless of how many foods are substituted each week.

If Growing Room will provide the substitution, provide more specific information regarding what your child can/cannot eat. For example, if your child has a dairy allergy, is it all dairy products, just milk, etc. If your child is allergic to tomatoes, does that include spaghetti sauce, Pizza, etc.

Parent Signature: _____ Date: _____