



October Menu

The school-age children will receive the posted 3 pm snack plus the school-age snack listed.
Every class will receive a 6 pm snack each day consisting of assorted crackers and lemonade or water.

Please remember to send a substitute if there is something on the menu your child cannot eat due to allergies.

October 1-3

Wednesday

Breakfast: Hashbrowns, Pineapple Tidbits, Milk
Parent Breakfast: Hashbrowns

Lunch: Chicken Nuggets, Lima Beans, Mandarin Oranges, Roll, Milk

3pm Snack: Goldfish, Orange Slices, Ice Water

School-Age Snack: Tortilla Chips w/ Salsa

Thursday

Breakfast: French Toast Sticks, Diced Peaches, Milk

Parent Breakfast: French Toast Sticks

Lunch: BBQ, Broccoli, Applesauce, Roll, Milk

3pm Snack: Cheez Its, Lemonade

School-Age Snack: Pizza Rolls

Friday

Breakfast: Waffle Sticks, Diced Pears, Milk

Parent Breakfast: Cheese Toast

Lunch: Cheese Pizza, Green Salad, Sliced Bananas, Milk

3pm Snack: Gogurt, Graham Crackers, Ice Water

School-Age Snack: Chips

October 6-10

Monday

Breakfast: Toasted Os Cereal, Diced Pears, Milk

Parent Breakfast: Cinnamon Toast

Lunch: Grilled Cheese Sandwich, Lima Beans, Pineapple Tidbits, Milk

3pm Snack: Ritz Crackers, Orange Slices, Ice Water

School-Age Snack: French Fries

Tuesday

Breakfast: Grits, Diced Peaches, Milk

Parent Breakfast: Grits

Lunch: Soft Chicken Taco, Corn, Applesauce, Milk

3pm Snack: Banana Pudding, Graham Crackers, Ice Water

School-Age Snack: Cookies

Wednesday

Breakfast: Waffle Sticks, Diced Pears, Milk

Parent Breakfast: Waffle Sticks & Syrup

Lunch: Chicken Sandwich, Broccoli, Mandarin Oranges, Milk

3pm Snack: Animal Crackers, Sliced Apples, Ice Water

School-Age Snack: Cheese Puffs

Thursday

Breakfast: Pancakes, Pineapple Tidbits, Milk

Parent Breakfast: Peach Muffins

Lunch: Sloppy Joes, Green Beans, Applesauce, Milk

3pm Snack: Saltine Crackers, Cheese, Ice Water

School-Age Snack: Fresh Veggies and Ranch Dip

Friday

Breakfast: French Toast Sticks, Diced Pears, Milk

Parent Breakfast: French Toast Sticks w/ Syrup

Lunch: Turkey Wrap, Green Salad, Sliced Bananas, Milk

3pm Snack: Vanilla Wafers, Gogurt, Ice Water

School Age: Chips

October 13-17

Monday: Center Closed

Tuesday

Breakfast: Homemade Biscuits, Diced Pears, Milk

Parent Breakfast: Homemade Biscuits & Jelly

Lunch: Beefaroni, Green Beans, Diced Peaches, Milk

3pm Snack: Animal Crackers, White Grape

Juice

School-Age Snack: Mini Corn Dogs

Wednesday

Breakfast: Hashbrowns, Pineapple Tidbits, Milk

Parent Breakfast: Hashbrowns

Lunch: Chicken Nuggets, Lima Beans, Mandarin Oranges, Roll, Milk

3pm Snack: Goldfish, Orange Slices, Ice Water

School-Age Snack: Tortilla Chips w/ Salsa

Thursday

Breakfast: French Toast Sticks, Diced

Peaches, Milk

Parent Breakfast: French Toast Sticks

Lunch: BBQ, Broccoli, Applesauce, Roll, Milk

3pm Snack: Cheez Its, Lemonade

School-Age Snack: Pizza Rolls

Friday

Breakfast: Waffle Sticks, Diced Pears, Milk

Parent Breakfast: Cheese Toast

Lunch: Cheese Pizza, Green Salad, Sliced Bananas, Milk

3pm Snack: Gogurt, Graham Crackers, Ice Water

School-Age Snack: Chips

October 20-24

Monday

Breakfast: Toasted Os Cereal, Diced Peaches, Milk

Parent Breakfast: Cinnamon Toast

Lunch: Grilled Cheese Sandwich, Lima Beans, Pineapple Tidbits, Milk

3pm Snack: Ritz Crackers, Orange Slices, Ice Water

School-Age Snack: French Fries

Tuesday

Breakfast: Grits, Diced Peaches, Milk

Parent Breakfast: Grits

Lunch: Soft Chicken Taco, Corn, Applesauce, Milk

3pm Snack: Banana Pudding, Graham Crackers, Ice Water

School-Age Snack: Cookies

Wednesday

Breakfast: Waffle Sticks, Diced Pears, Milk

Parent Breakfast: Waffle Sticks & Syrup

Lunch: Chicken Sandwich, Broccoli, Mandarin Oranges, Milk

3pm Snack: Animal Crackers, Sliced Apples, Ice Water

School-Age Snack: Cheese Puffs

Thursday

Breakfast: Pancakes, Pineapple Tidbits, Milk

Parent Breakfast: Peach Muffins

Lunch: Sloppy Joes, Green Beans, Applesauce, Milk

3pm Snack: Saltine Crackers, Cheese, Ice Water

School-Age Snack: Fresh Veggies and Ranch Dip

Friday

Breakfast: French Toast Sticks, Diced Pears, Milk

Parent Breakfast: French Toast Sticks w/ Syrup

Lunch: Turkey Wrap, Green Salad, Sliced

Bananas, Milk

3pm Snack: Vanilla Wafers, Gogurt, Ice Water

School Age: Chips

October 27-31

Monday

Breakfast: Crispy Rice Cereal, Diced

Peaches, Milk

Parent Breakfast: Toast & Jelly

Lunch: Cheeseburger, Baked Fries, Pineapple Tidbits, Milk

3pm Snack: Trail Mix, Ice Water

School-Age Snack: Veggie Straws

Tuesday

Breakfast: Homemade Biscuits, Diced Pears, Milk

Parent Breakfast: Homemade Biscuits & Jelly

Lunch: Beefaroni, Green Beans, Diced Peaches, Milk

3pm Snack: Animal Crackers, White Grape Juice

School-Age Snack: Mini Corn Dogs

Wednesday

Breakfast: Hashbrowns, Pineapple Tidbits, Milk

Parent Breakfast: Hashbrowns

Lunch: Chicken Nuggets, Lima Beans, Mandarin Oranges, Roll, Milk

3pm Snack: Goldfish, Orange Slices, Ice Water

School-Age Snack: Tortilla Chips w/ Salsa

Thursday

Breakfast: French Toast Sticks, Diced

Peaches, Milk

Parent Breakfast: French Toast Sticks

Lunch: BBQ, Rice, Broccoli, Applesauce, Roll, Milk

3pm Snack: Cheez Its, Lemonade

School-Age Snack: Pizza Rolls

Friday

Breakfast: Waffle Sticks, Diced Pears, Milk

Parent Breakfast: Cheese Toast

Lunch: Cheese Pizza, Green Salad, Sliced Bananas, Milk

3pm Snack: Gogurt, Graham Crackers, Ice Water

School-Age Snack: Chips

